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Assessing the Impact of Toxicants on the Microbiome



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Micro & Macro views



The Human Microbiome & Environmental Exposures



What is the Human Microbiome?

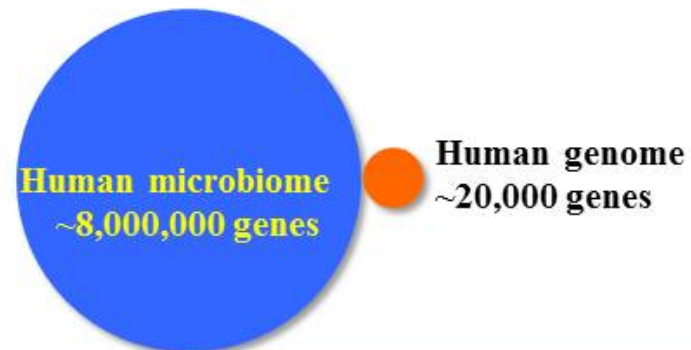
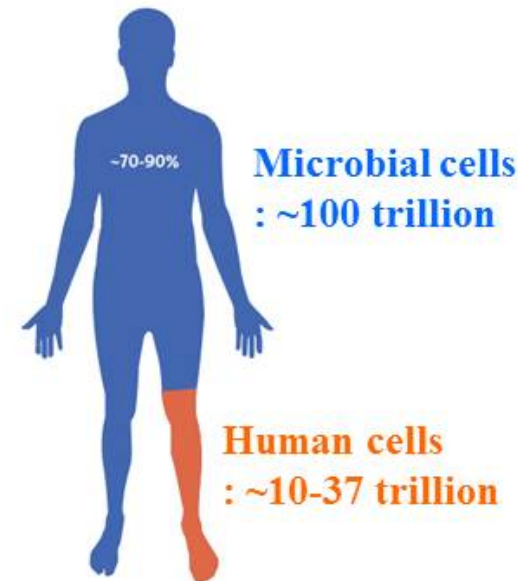
Human microbiome vs Human

Ecological definition:

the ecosystem made up of microbes within and on the human body—that is, the collection of microbes (bacteria, archaea, fungi, viruses and single-cell eukaryotes) that live in the human “habitat”.

Genetic definition:

the entire collection of genes found in all of the microbes associated with a particular host

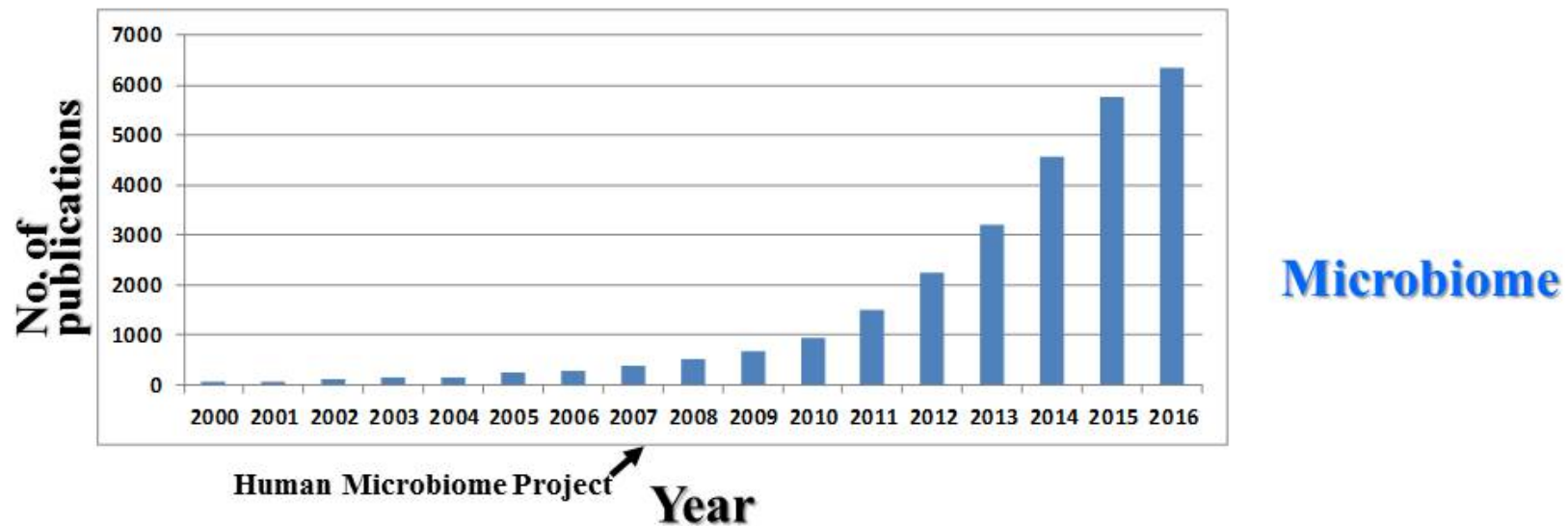


Historical Perspective

- 1673: van Leeuwenhoek-First observation of live microorganisms
- 1857-1861: Pasteur-Fermentation and pasteurization
- 1876-1883: Koch-Germ theory of disease, Pure culture
Mycobacterium tuberculosis, *Vibrio cholerae*
- 1884: Metchnikoff-Probiotics
- 1886: Escherich-Enterobacter of infants
- 1928: Fleming-the first chemical compound with antibiotic properties, **Penicillin**
- 1946: Lederberg and Tatum-bacterial conjugation
- 2001: Joshua Lederberg first suggested the concept of the **Human microbiome**
- 1953: Watson and Crick-DNA structure
- 1977: Sanger-Sanger sequencing
- 1983: Mullis-PCR
- 1990-2003: Human Genome project
- 2007: Human Microbiome project



Microbiome studies



Microbiome research is a major growth area

- >23,400 new publications since 2007 (HMP).
- ~1,600 total prior to 2007.
- Applications for nutrition, drug and food safety, environmental health, precision medicine, etc.



Knowledge Gaps

Microbiome Assessment on Toxicology Studies

- Paucity of specific studies on the effects of the xenobiotics on the mammalian gut microbiota in mouse, rat or humans, i.e., lack of *in vivo* studies—most reports are *in vitro* tests.
- Insufficient data on effects of xenobiotics exposure on intestinal microbiome diversity, functions, and possible implications for human health risk.
- Limited studies that contain measurements of the amount of xenobiotics residues in the gastrointestinal tract.
- The effects of xenobiotics on the intestinal mucosa associated microbiota remains to be explored.



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Assessment of the Role that the Microbiome May Play in the Toxicity of Xenobiotics

National Toxicology Program Capability Building for Microbiome Assessment on Toxicology Studies

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Dr. Vicki Sutherland NIEHS/NTP

Project Number: E0220101 7/9/2015



Specific goals

- **To conduct host-microbiome assessments of NCTR/NIEHS/NTP studies to evaluate the impact on the gastrointestinal microbiome and immunity**
- **To establish a standardized approach within the NTP program for**
 - 1) Sample collection and methodologies for gastrointestinal analysis**
 - 2) Standardized data analysis and approaches for data-repository and data presentation**
 - 3) Establishing science-based standards for conducting hazard analysis of FDA-regulated products and improving the prediction of the safety assessment for such products.**

FDA/NCTR NTP Significance

The results will be a step towards NCTR/FDA and NTP readiness to evaluate innovative emerging technologies for improving product assessment and quality, as well as, modernize toxicology.

Where is the human microbiome located?

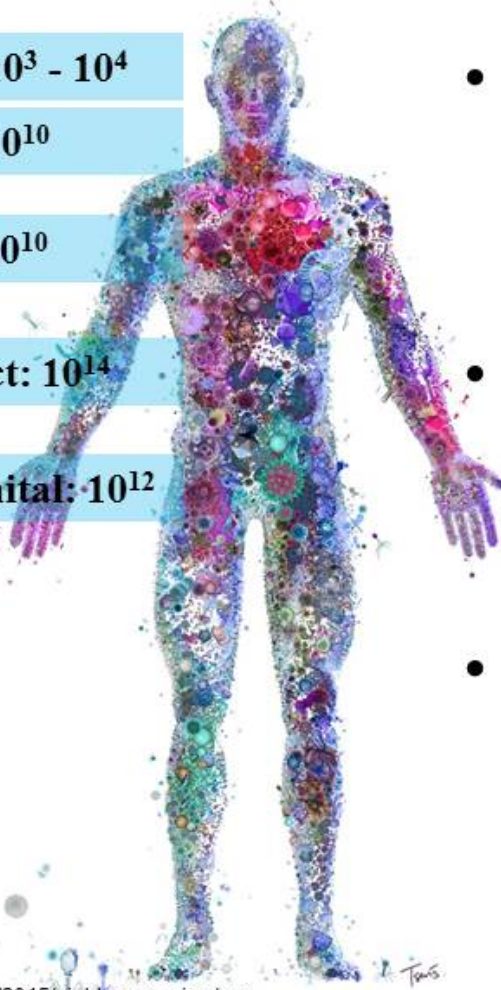
• Nose: $10^3 - 10^4$

• Oral: 10^{10}

• Skin: 10^{10}

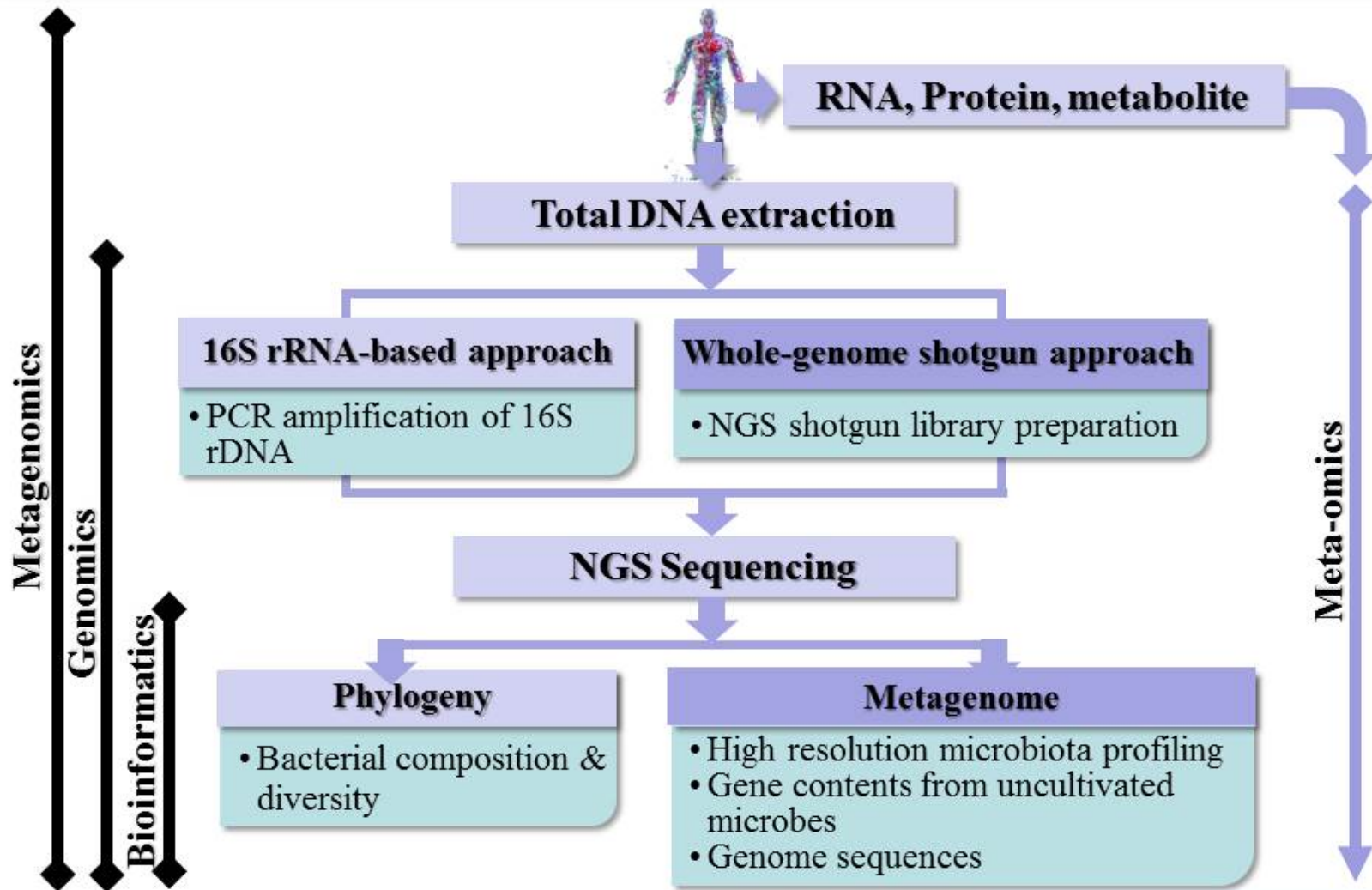
• GI tract: 10^{14}

• Urogenital: 10^{12}

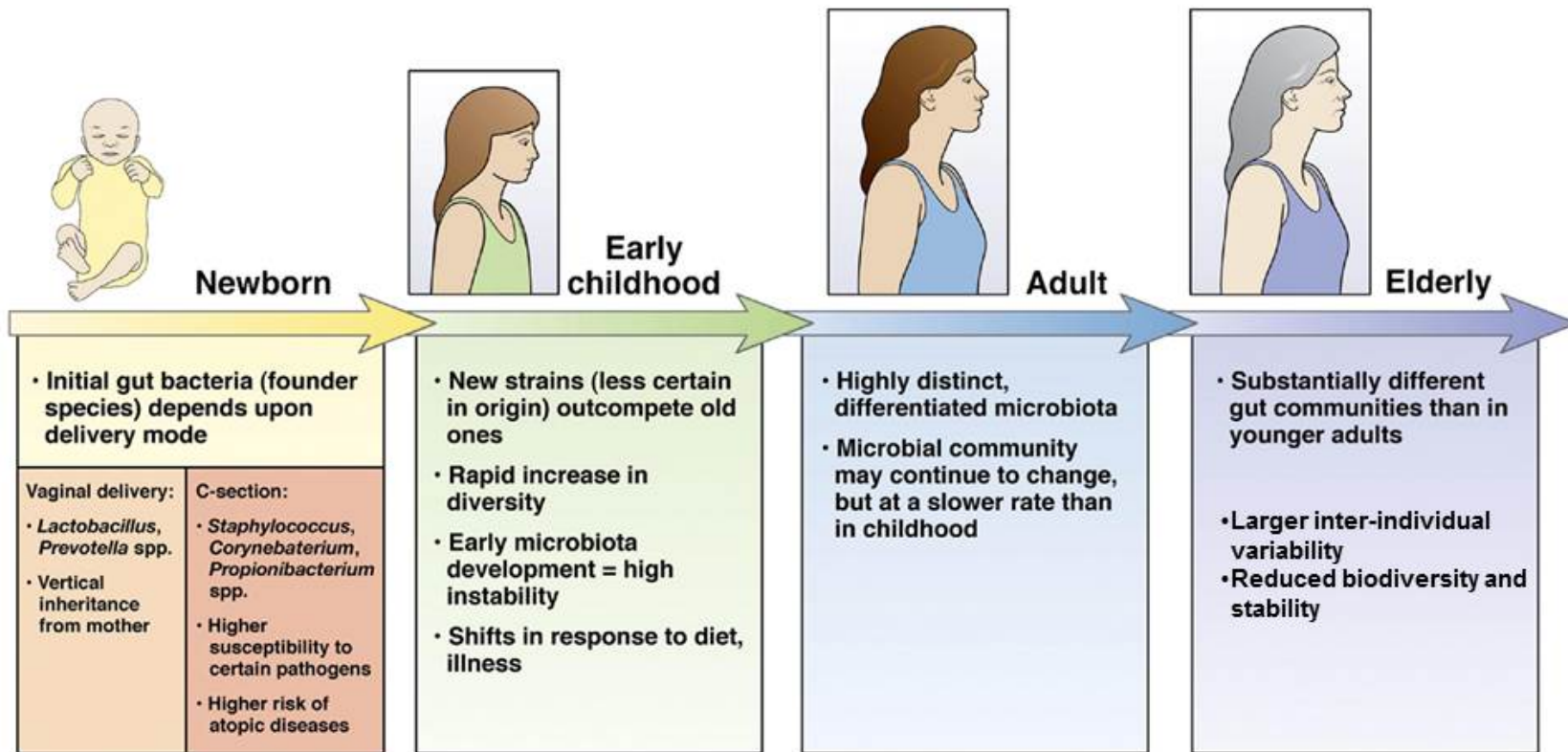


- Our human body sites are colonized by an enormous number of microorganisms, of which the majority is bacterial species, and they form complex communities called the human microbiota.
- The total number of these bacterial cells is estimated to be more than 10^{14} , accounting for 10 times more than the total number of eukaryotic cells that compose a human individual.
- Among them, the gut microbiota is the largest and most complex, and is composed of more than 1,000 different intestinal microbes.

Microbiome Analysis for Toxicology Risk Assessments



Where does our microbiome come from? The first inoculum as an infant through continued change, modified by diet, genetics and the environment throughout life

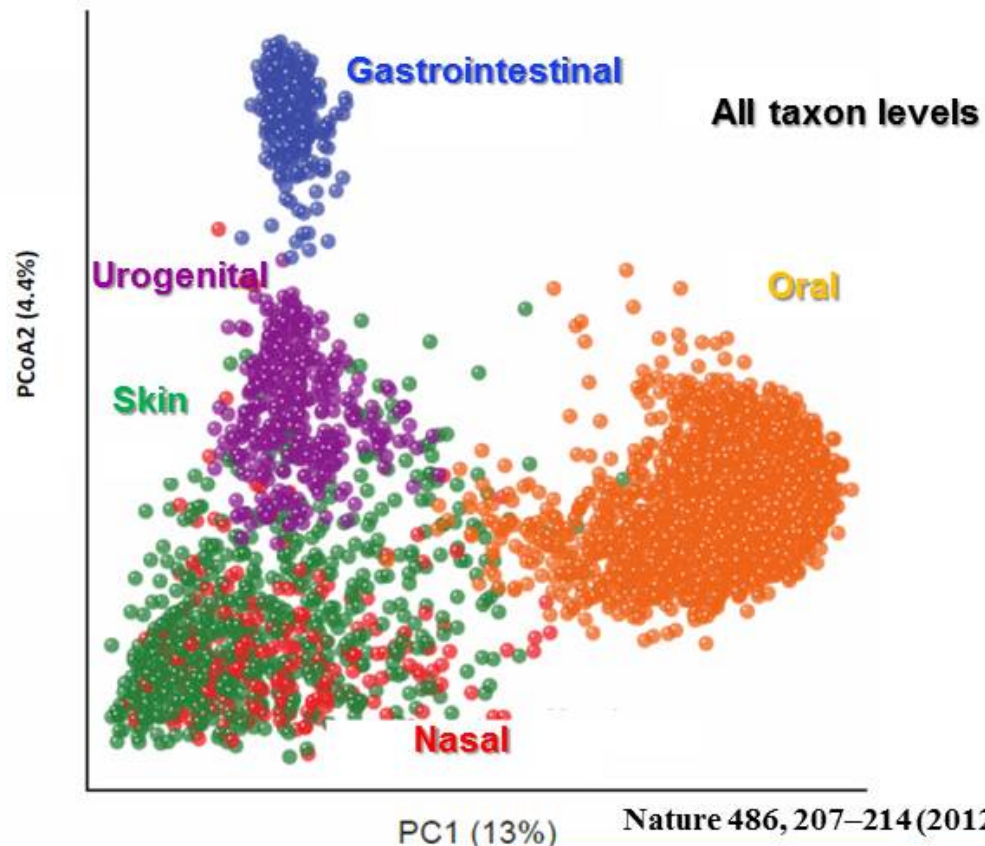
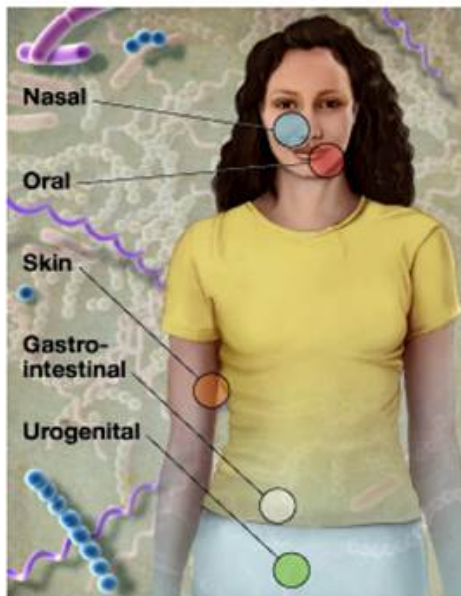


Dominguez-Bello, M.G. *et al.*, Gastroenterology (2011)

Age is an important determinant that impacts microbial composition of GI tract and also impacts toxicant absorption, bioavailability, and metabolism of xenobiotics.

Is everyone's microbiome the same?

In adults, each part of the body supports a distinct microbial community



Nature 486, 207–214 (2012)

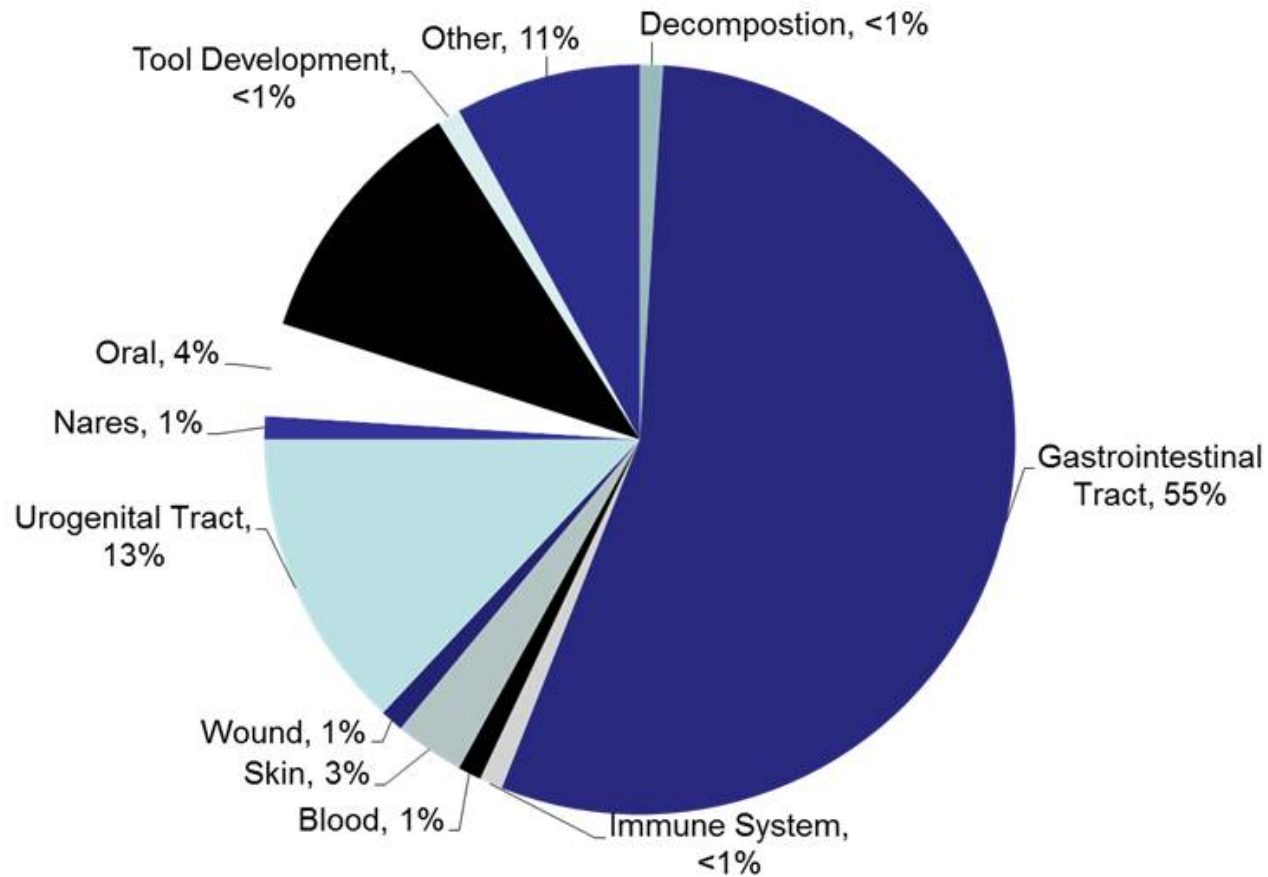
Division of Microbiology NCTR/US FDA



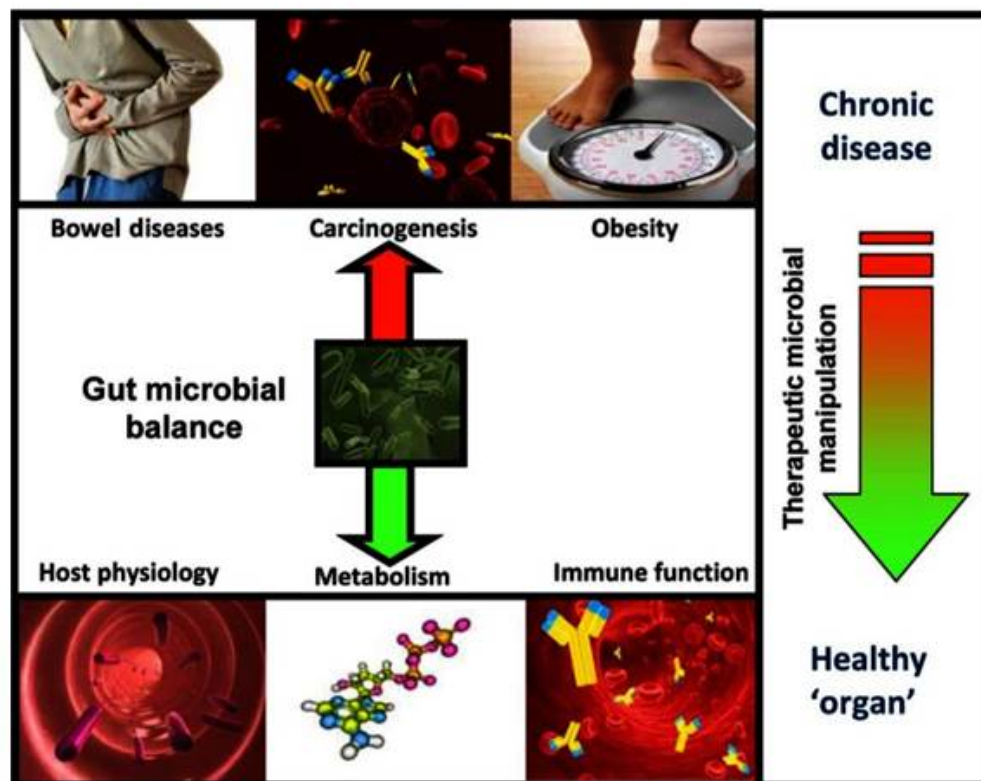
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Human Microbiome Research Funding



What is the relationship between the gut microbiota in health and intestinal disease?



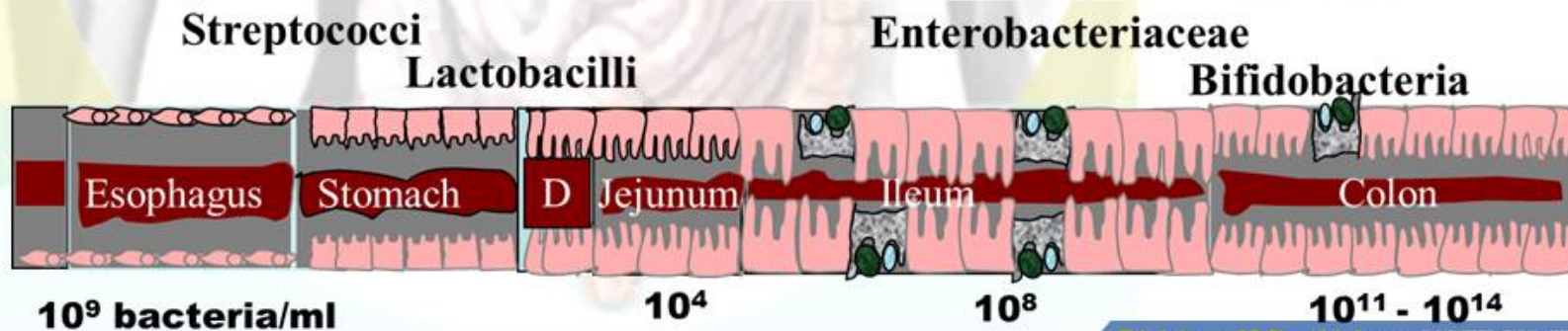
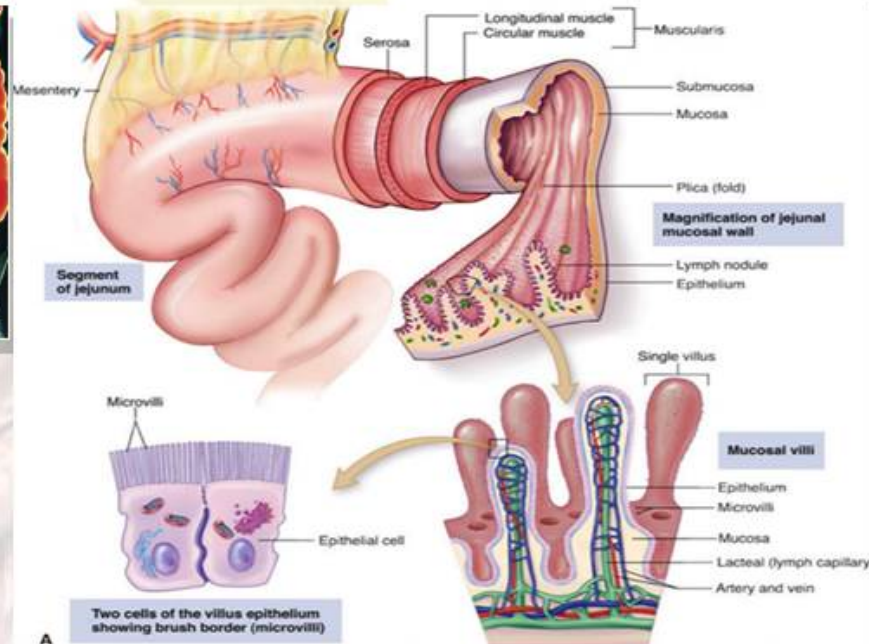
- The gastrointestinal microbiota play a role in host physiology, metabolism and nutrition.
- An alteration in the gut microbial community is linked to a number of intestinal conditions, including cancer, obesity, autism, depression, asthma, and a variety of bowel disorders.
- The contribution of beneficial components of the gut microbiome to host physiology, metabolism and immune function has become the focus of ever more attention, and will undoubtedly lead to new therapeutic approaches.

Guinane, CM and Cotter PD, Therap Adv Gastroenterol. 2013. 6(4):295-308



Host Influences in Gut Microbial Ecology

- Age
- Genetics
- Diet, Drugs
- Environmental
- Stress responses
- Defense mechanism
- Health status
- Newborn delivery mode



Which bacteria make up the gut microbiota?

The five dominant bacterial phyla (Firmicutes, Bacteroidetes, Actinobacteria, Proteobacteria, Verrucomicrobia) and one archaea (Methanobrevibacter)

Firmicutes

- Clostridium
- Eubacterium
- Lactobacillus

Bacteroidetes

- Bacteriodes
- Prevotella

Actinobacteria

- Bifidobacterium

Proteobacteria

- *E. coli*
- Desulfovibrio

Verrucomicrobia

- Akkermansia

Archaea

- Methanobrevibacter

90%



What is the intestinal microbiota doing as an essential component of human physiology?

Intestinal mucosa is the largest surface area in the human body

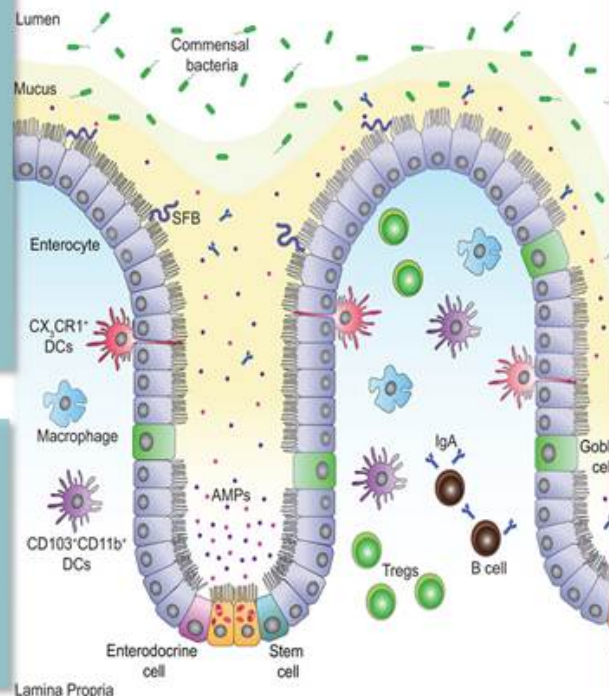
Potential Microbiological Endpoints in Toxicology Assessments

Structural Functions

- Barriers
- Apical tightening of tight junction
- Development of immune system
- Control Intraepithelial cell differentiation and proliferation

Immune Functions

- Peyer's patch-mucosal immunity hub
- Epithelial signaling
- Inflammatory responses



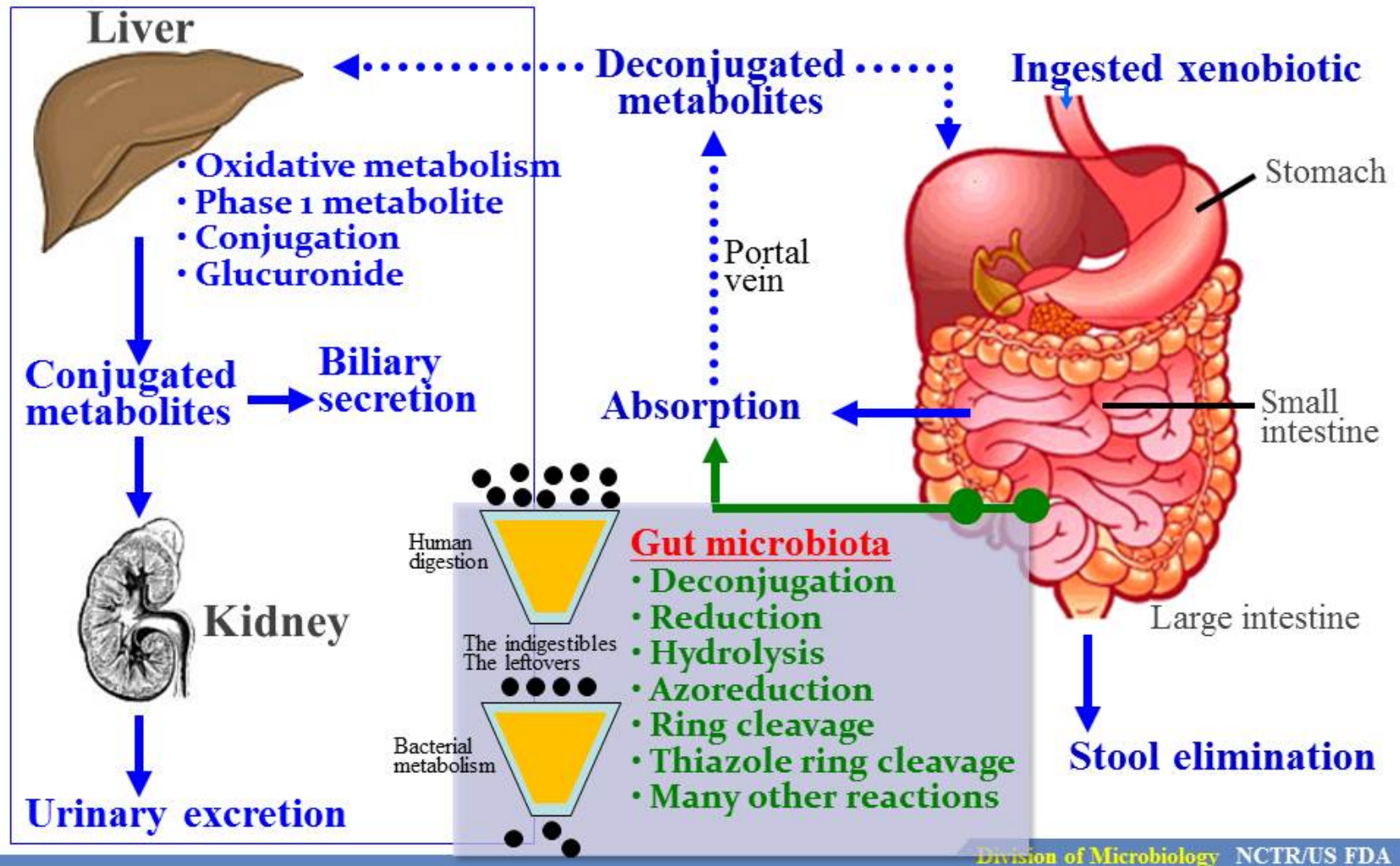
Defensive Functions

- Pathogen displacement
- Nutrient competition
- Receptor competition
- Production of antimicrobial factors
- Induction of IgA

Metabolic Functions

- Metabolize dietary carcinogens
- Synthesize biotin and folate
- Ferment non-digestible dietary residue and mucus

The metabolism of xenobiotics by human gut microbiota



The Microbiota-Gut-Brain Axis

The diagram illustrates the complex communication between the gut and the brain. On the left, a human silhouette shows the brain and the gut. The gut is shown with its internal organs, including the stomach, intestines, and liver. The brain is shown with its internal structures, including the hypothalamus and pituitary gland. The gut is divided into the **Epithelium** (the lining of the gut) and the **Lumen** (the space inside the gut). **Gut Microbiota** are shown as various colored bacteria in the lumen. **Immune Cells** are shown as red spheres in the epithelium. **Cytokines** are shown as orange dots. **SCFAs** (Short-chain fatty acids) are shown as blue dots. The **HPA axis** (Hypothalamic-pituitary-adrenal axis) is shown as a yellow box with the following components: **CRH** (Corticotropin-releasing hormone), **ACTH** (Adrenocorticotropic hormone), and **Cortisol**. The **Vagus Nerve** is shown as a blue line connecting the brain to the gut. **Neurotransmitters** (GABA, Dopamine, Noradrenaline, Acetylcholine) are shown as green dots. **Tryptophan Metabolism** is shown as an orange box. The diagram shows that the gut microbiota can influence the brain through the HPA axis, the Vagus Nerve, and the production of neurotransmitters and SCFAs. Conversely, the brain can influence the gut through the HPA axis and the Vagus Nerve.

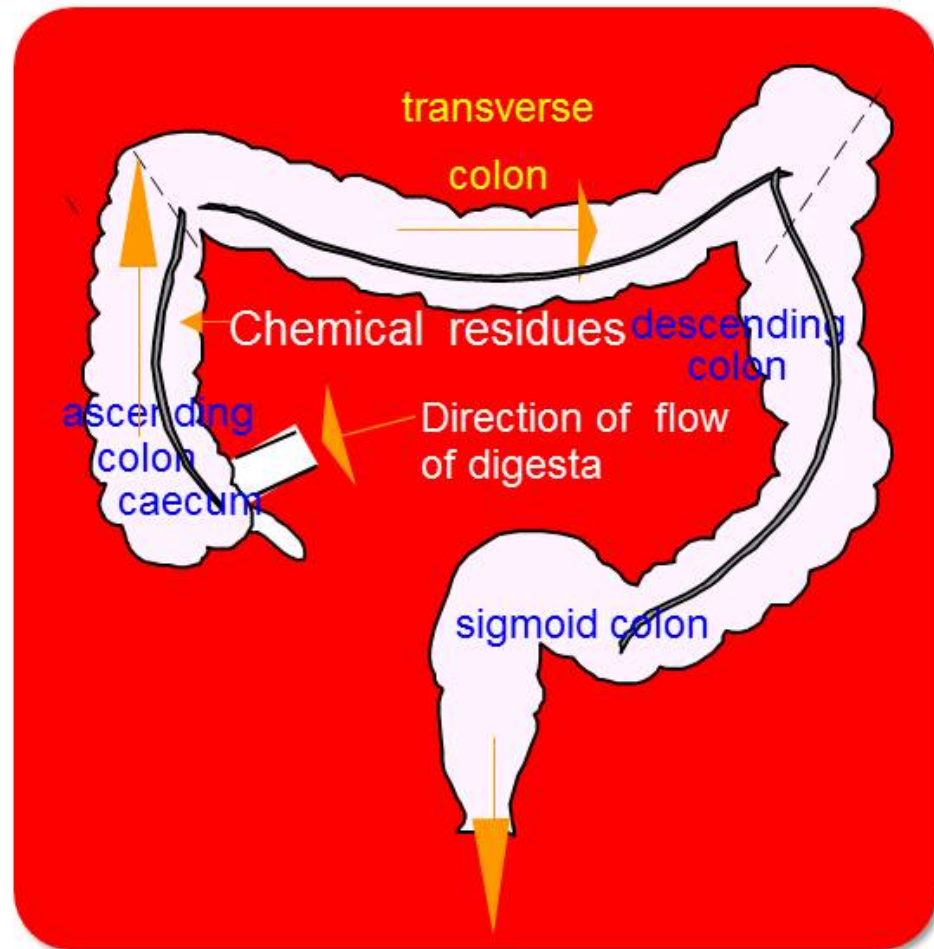
ACTH, adrenocorticotropin hormone
CRH, corticotropin-releasing hormone
GABA, gamma-aminobutyric acid
HPA, hypothalamic-pituitary-adrenal
SFCAs, short-chain fatty acids

Kennedy, PJ (2016) TFT

Kennedy, PJ(2016) TFT

Exposure of Intestinal Bacteria to the Ingested Chemical Residues Under Different Scenarios

- After oral ingestion, chemical residues in food can reach the colon due to incomplete absorption, enterohepatic circulation, or secretion across the intestinal epithelial mucosa.
- The fraction of the chemical residue (oral dose) available to the microbiota can be greatly affected by dose and dosing frequency as well as the extent of binding to intestinal contents and metabolism.
- What is critical in delineating this comparison of residue “loading” is the observation that the components contained within a single meal do not enter the colon as a bolus dose.



Acute

Exposure

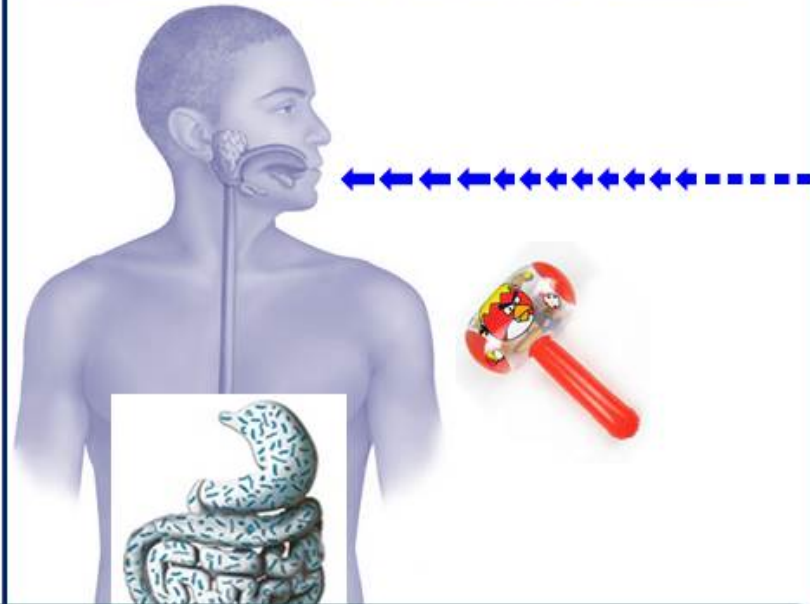
Chronic

Acute intake of xenobiotic residues would be a single exposure event wherein the dose is ingested as a one-meal time event and transits down the gastrointestinal tract into the colon that contains no comparable levels of ingested xenobiotic residue.



- Collectively, studies show that ingested materials enter the colon in a continuum, not a single bolus, with colonic fill starting as early as 1 to 5h of oral dose leading to roughly 80 to 90% loading within 12h.
- Excretion also begins within 12h with mean total transit times in the order of 24 to 40h.

In chronic exposure of xenobiotic residues, there is an assumption of daily ingestion of the xenobiotics that is each day the ingested meal enters into an intestinal tract that already has xenobiotics spanning the intestine due to ingestion from the day before over a lifetime.





Toxicity Tests

- Acute and Chronic Systemic Toxicity
- Carcinogenicity
- Dermal Penetration
- Ecotoxicity
- Endocrine Disruptors
- Genotoxicity
- Neurotoxicity
- Pharmacokinetics & Metabolism
- Phototoxicity
- Repeated Dose/Organ Toxicity
- Reproductive & Developmental Toxicity
- Allergenicity/Skin Sensitization
- **Microbiome Toxicity and other Microbiological Effects**

Methods for Measuring the Effects of Xenobiotic Compounds on the Human Intestinal Microbiota

In vitro

- Shorten term anaerobic incubation of fecal suspensions
- Continuous and semi-continuous culture systems
- Simulated gut models
- Intestinal fed batch culture
- Gut-on-a-Chip

Ex vivo

- Explant cultures (tissue cultures) extracted from the colon or rectum

In vivo

- Conventional and germ-free laboratory animals
- Human flora associated animals
- Human volunteers





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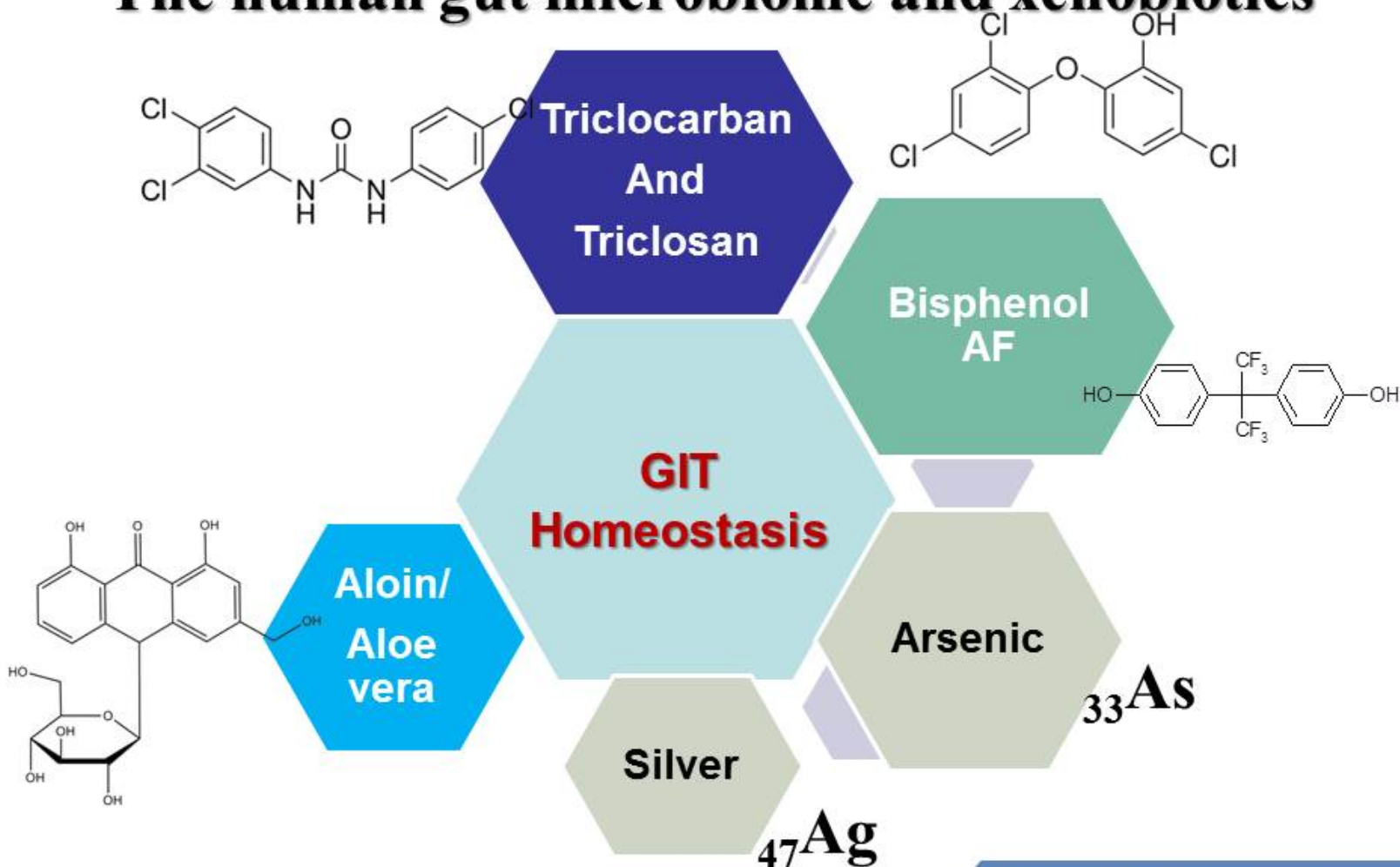
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Project Number: E0220101 7/9/2015

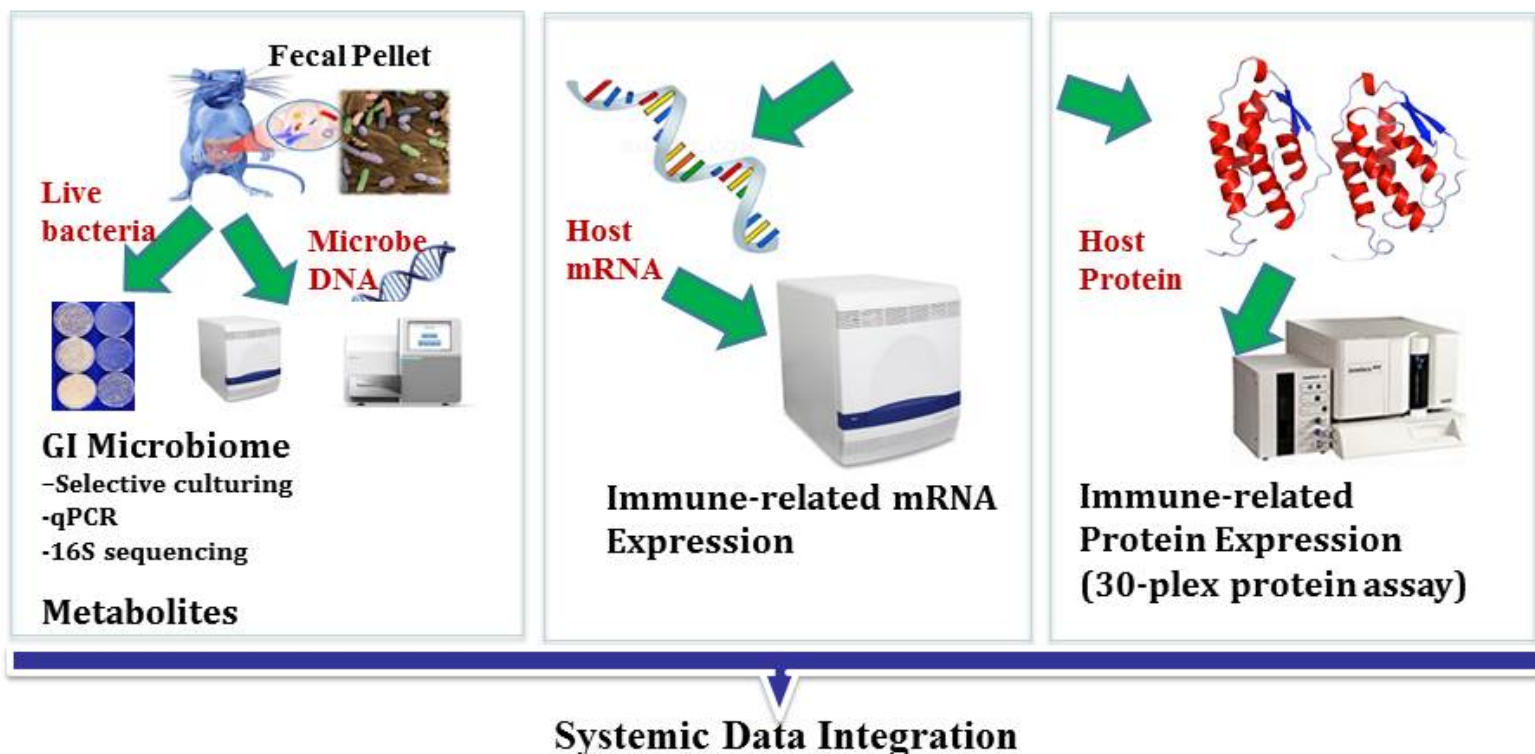


The human gut microbiome and xenobiotics





Intestinal Microbiome Analysis Approaches





Microbiome NTP Projects Overall Summary and Status

Xenobiotic Compounds	Experimental Model	Experiments	Status
Silver Nanoparticles	Rat	<ul style="list-style-type: none">➤ Host Microbiome➤ Immunotoxicity	✓ Completed
Arsenic	Mouse	<ul style="list-style-type: none">➤ Fecal aerobic and anaerobic bacterial culture➤ Intestinal Microbiome (16S)➤ Immunotoxicity	<ul style="list-style-type: none">✓ Completed○ In progress○ In progress
	Rat	<ul style="list-style-type: none">➤ Fecal aerobic and anaerobic culture➤ Intestinal Microbiome (16S)➤ Immunotoxicity	<ul style="list-style-type: none">✓ Completed; Data analysis ongoing○ Samples Collected○ Samples Collected
Aloin	In vitro	<ul style="list-style-type: none">➤ MIC on pure <i>E.coli</i> and <i>Lactobacillus</i>➤ Microbiome, SFCAs and Aloin metabolism in fecal content	<ul style="list-style-type: none">✓ Completed○ Ongoing
Bisphenol AF	Rat	<ul style="list-style-type: none">➤ Intestinal Microbiome (16S)➤ Immunotoxicity	<ul style="list-style-type: none">○ Samples Collected○ Samples Collected
Triclosan/ Triclocarban	Rat	<ul style="list-style-type: none">➤ Fecal aerobic and anaerobic bacterial culture➤ Intestinal Microbiome (16S)➤ Immunotoxicity	<ul style="list-style-type: none">○ Planning



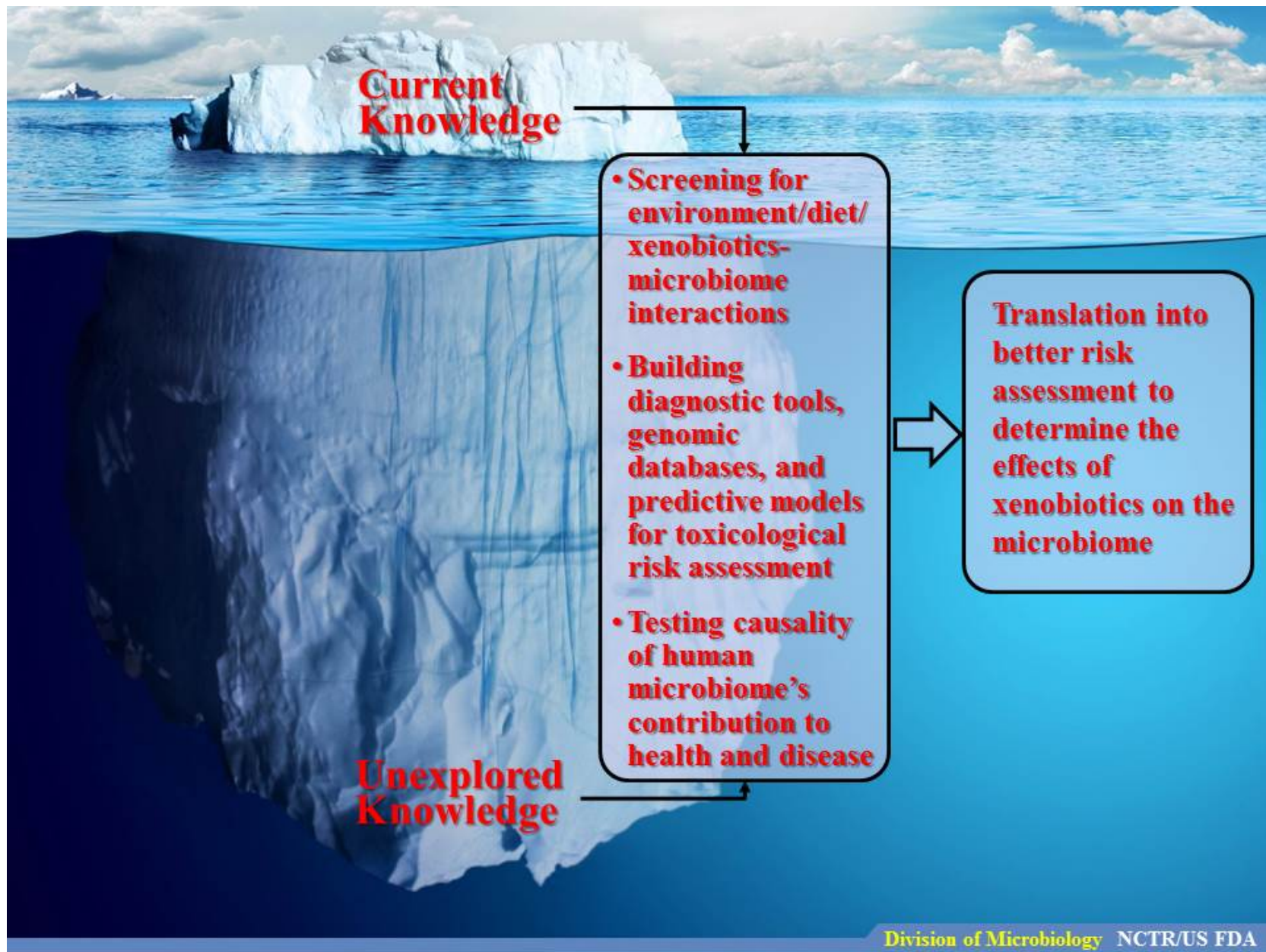
Research Team and Acknowledgements

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Thanks a lot!!!



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